



Note: This document specifies the content and wording of the interview. As this is a CAPI interview (computer-assisted personal interview), layout divergences may occur for technical reasons.

IDNR of participant	
Date of interview	. .202 <i>Programming note: show date automatically</i>
Time of interview	:

Questions with a coloured background and in blue font: the questions in blue font and in the fields with a grey background are addressed to the interviewer and are not read out to the respondent.

Height and weight measurement

G1 To enable your pollutant data to be specifically assessed, I would now like to measure your height and weight, I will start with your height.

To interviewer: please measure the respondent's height. To do this, set up the stadiometer (first set up the base plate, then put the column elements on top of each other in sequence and finally attach the calliper from above).

Ask the participant to stand as follows:

- without shoes on the stadiometer's base plate;
- feet directly next to each other; with their back to the bar - heels, buttocks, spine and back of the head touching the bar if possible;
- their gaze should be straight ahead;
- then slide the calliper down until it rests on their head;
- read and enter the measurement in centimetres at the black arrow with the comment "Read here".
- if the participant is taller than 205 cm, please use the 3-metre rule. Ask the participant to position themselves against a wall in accordance with the criteria mentioned above. Place the rule flush with the wall and let the participant measure their height themselves.

Size in cm

Measuring rod number

 **continue with question**
G3

☐ Height could not be measured

G2 To interviewer: why could height not be measured?
Only one response possible

Refusal ☐

Participant-related ☐

Technical reasons ☐

Other reason ☐

G3 Next, I would like to measure your weight.

To interviewer: please measure the participant's weight. Set up the scales.

- ask the participant to take off heavy clothing (e.g. jumpers, cardigans) and shoes, and
- to stand still on the scales with both feet, weight evenly distributed.
- read the measurement and enter it to one decimal place. Please correct the value according to the following formula: light clothing: subtract 0.5 kg; heavy clothing: subtract 1.0 kg.

Weight in kg

Device number (scale)

 **continue with question**
TB1

☐ Weight could not be measured

G4	<u>To interviewer: why could weight not be measured?</u> Only one response possible	
	Refusal	☐ ➡ continue with question TB1
	Participant-related	☐ ➡ continue with question TB1
	Technical reasons	☐ ➡ continue with question TB1
	Weight > 140 kg	☐
G5	Please estimate your weight.	
	Weight estimated by respondent in kg declined to respond	☐

Blood sampling and blood pressure measurement appointment

TB1	To enable the German Environment Agency (UBA) to conduct certain analyses, it is important that your blood is examined. For example, the level of certain metals and other pollutants in your body can be measured in the blood. If you wish to be notified of your measurement results, you will also be provided with these extra results. I will briefly explain the examination procedure: the blood sample will be taken at your home by a doctor. During the visit, your blood pressure will also be measured and you will be asked a few questions. Before the blood sample is taken, the doctor will explain the test to you and you will have the opportunity to ask questions. Then we need your signature that you consent and that you have been informed. I will give you the two documents for this today. You can look at the documents at your leisure. The doctor will then ask you for your signature during their visit. The visit will last about 30 minutes. Are you willing to have a sample of your blood taken for the GerES survey? Yes ☐ No ☐ ➡ End of interview
TB2	On behalf of the German Environment Agency (UBA), I would like to thank you for your willingness to have samples of your blood taken! To clarify whether we are allowed to take blood from you, I would also like to ask you whether you suffer from haemophilia? Yes ☐ ➡ End of interview No ☐

TB3 I would like to make an appointment for the examination with you straightaway. When can our doctor visit you at home?

To interviewer: please make an appointment with the respondent.

Please use an appointment confirmation form to make an appointment. In any case, please inform the respondent of the number of the doctor they can contact in case they wish to reschedule the appointment.

Date

Time

on 202 at

Day Month Year Hour Minute

☐ No appointment despite basic willingness, due to planned absence in due course (business trip, hospital, cure, holiday, etc.)

TB4 As mentioned, I will now give you the information sheet and the consent form. You can look at the documents at your leisure. The doctor will then answer any questions during the visit and ask you to sign them.

To the interviewer: please hand out the informed consent form and the blood sampling consent form to the respondent (if desired, also in a translated version).

Yes ☐ Done

-end of documentation-