

<Mrs/Mr
First Name Surname
Street No
PLZ City>

German Environmental Survey for Adults – GerES VI

Munich, TT.MM.JJJJ
<IDNR>

Appointment Confirmation and Parcel Advice

Dear participant,

thank you very much for your willingness to participate in the German
Environmental Survey for Adults – GerES VI.

We would like to confirm the agreed appointment

on <weekday, dd.MM.yyyy at hh:mm >

to you in writing.

The survey appointment in your home is expected to take about two hours
in total. It includes an interview with you and the collection of samples and
completed questionnaires.

You will receive a parcel from us in the next few days, containing everything
you need for taking samples: a collection vessel for your morning urine
sample, three plastic bottles for taking drinking water samples and
detailed instructions on how to take all the samples.

The parcel also contains four questionnaires about yourself, your
household, your health, and climate change, as well as a pen to fill in the
questionnaires and to label the samples vessels.

In addition, we will also examine your house dust for environmental
pollutants. If you use a vacuum cleaner with a dust bag, please do not
change the bag before our visit. We would like to take your vacuum-cleaner

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08645 Bad Elster

Service building Langen
Paul-Ehrlich-Str. 29
63225 Langen

bag, which should be at least one third full, with us on the day of the survey. Please leave the bag in the vacuum cleaner for this purpose.

Some participants are also chosen at random for mould examinations in their home. If you have been chosen, please take note of the following: In your home, we would also like to test for mould in the room where you usually sleep. In this regard, it is important that you do not ventilate your bedroom for about 8 hours before our visit and keep windows and doors closed. A leaflet in the parcel explains this in more detail.

We can decide once we visit your home whether to install passive collectors to examine the indoor air or determine the air's fine dust content. As no preparations are necessary, our staff will discuss this with you during their visit.

We require your written consent to conduct the survey. You can find the consent form enclosed to this letter. Please read it at your convenience and consider the different options as well. We will then obtain your consent during our visit.

If you agree during the home visit to us taking samples of your blood, a doctor will visit you on our behalf about a week after the appointment to take samples of your blood.

Please contact the GerES hotline on 0800 1121 139 if you have any questions about the survey or sampling, or if you are unable to keep the appointment. We will then be happy to answer your questions or arrange another appointment.

We look forward to visiting you and thank you once again for your willingness to participate.

Kind regards

Dr. Marike Kolossa-Gehring
GerES VI Project Manager
German Environment Agency (UBA)

Dr. Constanze Cholmakow-Bodechtel
Project Manager
Oracle Life Sciences

Attachment:

- Consent Form for survey participation